

# In Touch



July 2019

# THE BRININGHAM BENEFICE

BRININGHAM  
BRINTON  
HUNWORTH

St Maurice  
St Andrew  
St Lawrence

STODY  
SWANTON NOVERS  
THORNAGE

St Mary  
St Edmund  
All Saints



[www.brininghambenefice.org.uk](http://www.brininghambenefice.org.uk)

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Please note the Rector's post is part time. Her working days are Tuesdays, Wednesdays and half day on Sunday except in emergency and for funerals.

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Items for inclusion in the August magazine to **Maureen Kenyon** at [mag@brininghambenefice.org.uk](mailto:mag@brininghambenefice.org.uk) by **Wednesday 10th July** please. **The magazine must go to print by Saturday 20th July at the latest.**

*Views expressed in 'In Touch' are those of the individual contributor, and do not always reflect the official doctrine of the Church of England, nor necessarily the views of the editors.*

## Our Rector writes:

We have recently celebrated the Central Visitations for our Holt deanery, when the church wardens have been sworn in for the coming year to serve our parishes. We are very grateful to them for offering their services. There are currently ten church wardens, as there is one vacancy at Thornage and another at Swanton Novers. We are glad to say that there is a renewed P.C.C. at Stody and Nicola Baker and Morag Lloyd have been elected church wardens. Church wardens are a direct link with the rector. They ensure that the church is prepared for services to take place and they are an important means of communication between the church family, the wider community and the rector. Transparent communications help us to have a wide vision of church life, its mission and its relevance to the wider world and the 21<sup>st</sup> century.

With this in mind, I invite you to talk to your church wardens about our worship which includes the music (Hymns Ancient and Modern, Mission Praise, pre-recorded, guitar and so on) and the forms of services; Book of Common Prayer, Common Worship, Iona and others. Whilst appreciating that we form six parishes, with the tremendous privilege of having individual beautiful churches in which to worship, we must embrace the idea that we should function as a benefice and consider the needs of all the churches; each with its specific characteristics. Your opinion is important and it will be considered at our forthcoming church wardens' meeting. Thank you for your participation.

I would like to encourage more people to participate in the readings and prayers of intercessions. This may require some preparation. Archdeacon Ian reminded us in his Charge during the swearing in that we are all members of the Body of Christ; each part is needed to form the whole. In our congregations there are a wealth of gifts already visible and others waiting to be discovered.

The celebrations to commemorate the 75<sup>th</sup> anniversary of D Day have touched us all, I'm sure. Veterans have expressed through simple language but with tremendous feeling that those who remain are not heroes. The heroes are the ones who gave their lives to make it a better world. They will not be forgotten.

“Be strong and of good courage and act. Do not be afraid or dismayed; for the Lord God, my God is with you. He will not fail you or forsake you until all the work for the service of the house of the Lord is finished.”

(1 Chronicles 28:20)

Please contact Rev. Jennifer if you would like her to visit you  
or bring Communion to you at home.

Her telephone number is 01263 502068 and her Email is:  
[rev.riverol@brininghambenefice.org.uk](mailto:rev.riverol@brininghambenefice.org.uk)

## **Prayer Requests for Our Parishes**

Each of our Parish Churches has (at the back) a Prayer Request Book. Please do write down your requests (anonymously if you wish) and we will pray for the situation. Prayer requests can also be made either by telephone to the Rector on 01263 502068 or online to:

**[prayer@brininghambenefice.org.uk](mailto:prayer@brininghambenefice.org.uk)**

(again anonymously, if you wish). We will then be able to pray for the need at the next service, wherever it is, and pass on these requests to a few people who will undertake to pray.

### **FROM THE REGISTER**

Funeral

Phillip Bishop - June 25th at St Andrew, Brinton

### **Please note the deadline for this magazine:**

All contributions for the next month's edition must be received by the 10th of the month so that it can go for printing on or before the 20th. There is a small army of volunteers who produce, print, collate and deliver a magazine to every household in the benefice so we cannot be behind schedule at the start of the process. Thank you.

**[mag@brininghambenefice.org.uk](mailto:mag@brininghambenefice.org.uk)**

**The Editors' phone numbers are on page 2.**

## TUNNEL VISION

The Channel Tunnel (le Tunnel sous la Manche) opened in May, 25 years ago. The Queen and the then President of France Francois Mitterand attended the opening ceremony in Calais before travelling through the tunnel to mark the opening in Folkestone. 8,500 years ago, people and dinosaurs used to walk between England and the Continent on land which consisted of chalk marl. More recently, we sailed or flew (and a few hardy souls swam to prove that they could) before this incredible engineering feat enabled us to cross by train as passengers with our cars and goods. Some 85% of drivers are British; 6% are French. There's even a Pet Travel Scheme which covers cats, dogs and ferrets as long as they have been vaccinated against rabies, are microchipped and hold a pet passport.

The idea of a Channel Tunnel had been talked about since the days of Napoleon, who was all for it, but the British feared the threat of being invaded. There was a scheme discussed in 1802 for a tunnel for horse-drawn carts which would be lit by oil lamps; an artificial island would be made halfway across for the horses to be changed. In 1834 the first rail proposal suggested the use of steam trains. Workmen even dug half a mile underneath Kent in the 1880s and the old tunnel is still there today. One of the more ingenious proposals was an ice tunnel that could be melted, in an act of defence, by switching off the refrigeration units. It's feasible that a tunnel could have shortened the First World War by half as the British could have supplied troops to the Front more effectively. A few years ago, the tunnel was voted one of the seven wonders of the modern world, alongside the Empire State Building, the Panama Canal and the Golden Gate Bridge.

Starting in 1988, some 13,000 engineers, technicians and workers created a shaft large enough to contain the Arc de Triomphe, deploying 11 boring machines, two of which remain below because it was cheaper to bury them in the wall than to bring them out. At almost 31 1/2 miles long (50.69 kilometres), it's the longest undersea tunnel in the world and was dug so deeply under sea level that none of it actually goes through water. There are three tunnels: two are for trains and there is a smaller service tunnel in the middle that can be used both to get people out in an emergency and for maintenance work.

On 1 December 1990, the tunnellers from both nations finally met after using lasers to guide them. The engineers weren't sure they would meet in the middle until someone with a pneumatic drill knocked through and didn't get wet. In the event, the tunnellers were only a couple of millimetres out but they didn't exactly meet in the middle; the British got a little bit further than the French who had encountered harder rock.

Battles with contractors and banks had to be fought to get the tunnel built and the cost finally amounted to over £9 billion - well over budget. Buckling under the sheer weight of debt, the owners were stumbling towards bankruptcy until an 11th hour restructuring in 2007-08. It wasn't until 2012 that the project actually became profitable and Getlink, the French owner, says it's now going from strength to strength. Onwards and upwards (or should that be onwards and downwards?).

# Swanton Novers Village Hall

**Swanton Novers Village Garage Sales**

**Sunday 14th July 10.00am - 2.00pm**

Plenty of parking. Refreshments at the Village Hall.

Come and grab a bargain!

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**Concerts**

Tannahill Weavers - Sunday 24th November 2019

Tickets available from July

Megson - Sunday 26th January 2020

Gilmore and Roberts - Saturday 29th February 2020

Tickets available from August

## **Bar on the night/s with ale from Boudicca Brewery**

All proceeds to Swanton Novers Village Hall

**Tickets for the quiz and all gigs are available from**

**Chris Armstrong on 01263 860573**

**or christinearm@hotmail.co.uk**

**Or on our Facebook page - Swanton Novers Village Hall**



### **SWANTON NOVERS COFFEE MORNING**

**In the Village Hall - everyone welcome**

**Every other Wednesday 10.30am - 11.30am**

**Wednesday July 3rd, 17th and 31st**

**Wednesday August 14th and 28th**

# Swanton Novers Village Hall

1 p.m. on the first Thursday of the month -  
4th July, 5th September, 3rd October and 7th November

## Plant Powered Pop Up Lunch

Celebrating British, organic, regional and sustainably grown grains, pulses, seeds and nuts; root, round and leafy vegetables; ferments and sea vegetables. Lots of cooking styles, colours and textures for a completely nutritious and tasty meal. Buffet style, 100% vegan - £10 (£5 for those who walk or cycle, or are low/unwaged). Beer and wine for sale.

**BOOKING ESSENTIAL:** Phone Ritchie on 01263 479315 or [ritchie99@talktalk.net](mailto:ritchie99@talktalk.net)

Please get in touch if you would like to be involved.

A donation will be given to Eve's Hill Veg Company, Booton.

## SHARRINGTON & DISTRICT GARDENING CLUB

### Wednesday 17 July:

Garden Safari

### Friday 6 September:

Alan Gray of East Ruston Vicarage Gardens will give an illustrated talk on 'Pushing the Boundaries'. **NB: this talk will be held in Binham Village Hall.**

### Saturday 5 October:

Pop Up Gardening Fair and Bulb sale

### Wednesday 13 November:

Andrew Babicz, Seasonal Container Gardening

### Thursday 5 December:

Willow Weaving Workshop and Christmas Decorations with Karen Lawrence.  
**NB: there will be two sessions for this workshop.**

All meetings will be held in Sharrington Village Hall at 7pm  
(doors open at 6.30pm) unless otherwise stated.

For further information, please contact Robin  
on 01263 861939 or [robin@daubeneyhallfarm.com](mailto:robin@daubeneyhallfarm.com)

**All Saints Church, Thornage  
Tuesday 16 July, 7.30pm**

Friends of Thornage are delighted to announce that Mark Jones will be giving an organ recital in All Saints Church, Thornage on Tuesday 16th July at 7.30pm; refreshments will be available and there will be a retiring collection.

Mark will be well known to many of you for his long service at Gresham's School and his current role as director of music of the Fakenham Choral Society. His programme promises to give us a varied and entertaining evening.

**Thornage Village Coffee Morning  
Wednesday 17th July, 10.30am**

The July Thornage coffee morning will take place on Wednesday 17th at 10.30am in Thornage church. We look forward to seeing you for coffee, cake and good company.

Looking forward to seeing you there.

**Thornage Monthly Draw - May 2019**

1st Prize	£20	Number 17	Jackie Attfield
2nd Prize	£10	Number 16	J & C Martin
3rd Prize	£5	Number 9	Di Garner

**The card re-cycling club at Thornage Church  
will resume in the autumn**

We re-cycle Christmas and greetings cards to raise funds for All Saints Church, Thornage.

Please hold onto your cards for us for future use.  
And please buy the finished cards!

## HUNWORTH and STODY VILLAGE HALL NEWS

We are pleased to announce that the Hunworth and Stody Village Hall Committee is again up and running and looking forward to planning events over the coming year.

Anyone wishing to help or join the committee would be warmly welcomed:  
**Phone Di Rollason on 01263 862523**

We will be introducing a monthly coffee morning over the Summer and Autumn to take place on the first Saturday of each month.

### **THE FIRST COFFEE MORNING WILL TAKE PLACE AT THE HALL ON: SATURDAY 6th JULY FROM 10.30 to 12.30.**

Come along meet friends and neighbours  
and help keep our lovely hall at the heart of our community.

Other events in the pipeline include:

### **HARVEST BBQ - SATURDAY 14th SEPTEMBER**

Music and food provided but bring your own drinks.  
Watch this space for more information to come.

### **QUIZ NIGHT - FRIDAY 29th NOVEMBER**

Watch this space for more information to come.

**Watch out for posters of all the above.**

## Mobile Library dates July 2019

Briningham	Friday 5th July at 3.30 - 3.55pm
Swanton Novers	Friday 19th July at 11.55am - 12.10pm
Thornage	Friday 5th July at 12.00 - 12.15pm

For all enquiries about new days and times, phone 01362 693184.

As of April 2019, there is no service to Brinton and Hunworth but the Library will stay longer at Briningham.



## BRININGHAM VILLAGE HALL DRAW

June 2019

1st Prize	£15	Sally Vaughan-Birch (55)
2nd Prize	£10	Julie Flower (67)
3rd Prize	£ 5	Sylvia Took (10)



### Concert: Brahms' German Requiem

Sheringham & Cromer Choral Society directed by David Ballard perform **Brahms' *Ein Deutsches Requiem*** and **Elgar's *From the Bavarian Highlands*** with Rebecca Kaznowski *soprano* and Dhilan Gnanadurai *baritone*.

**Saturday 13 July at 7.30 pm in The Auden Theatre, Gresham's School, Holt**

Tickets £16 (£14 in advance) under 18s FREE, from:

The Auden Theatre, tel: 01263 713444, [boxoffice@greshams.com](mailto:boxoffice@greshams.com), or via

[www.sheringhamandcromerchoral.co.uk](http://www.sheringhamandcromerchoral.co.uk)

### SUMMER SPORTING FIXTURES

The grass courts of **Wimbledon** are known worldwide and this year will host the tennis championships between 1-14 July. There are 40 courts in total, including the 18 championship courts, on which 675 matches will be played during 'the fortnight'. The inaugural All England Croquet and Lawn Tennis Club championships of 1877 had just 22 amateur male competitors.

Picnics and Panama hats will be *de rigeur* at the **Henley Royal Regatta**, the rowing event that takes place on the River Thames as it runs through Henley on Thames between 3-7 July. Visitors can watch from private or public enclosures and would be wise to follow the dress code.

**Cowes Week** has been held on the Isle of Wight every August since 1826 and will be held between 10-17 August. Around 8,500 competitors will take part, from Olympic to world-class yachtsmen to weekend sailors.

English Home magazine, July 2019

A £1m appeal has been launched to provide accessible accommodation at Thornage Hall Independent Living which celebrated its official 30th birthday last month when the latest £400,000 communal meeting and activity room was opened by the charity's patron, Lady Philippa Dannatt MBE, who unveiled a commemorative plaque. Gregories Barn provides a multi-use space for the charity's 27 tenants and 30 day service users.



Lady Dannatt, who becomes Lord Lieutenant of Norfolk in August, will be the first woman in the county to hold the post since it was created during Henry VIII's reign in the 1540s.

The charity needs to raise about £1m to build Orchard Lodge, which will provide four fully accessible accommodation units. As many of the tenants are facing increasing mobility issues, more specialist accommodation is needed.

Thornage Hall was given by the late Lord Hastings in 1987 with about 70 acres of land. An appeal was made in that year to raise funds to convert the Grade II listed hall, which dates from 1482. A total of £600,000 was raised within months to convert the medieval hall into a purpose-built home and the charity was formally established in 1989. Over the past 30 years, the number of tenants has expanded from an initial dozen to 27 who now live there.

In the past five years, the charity has invested more than £1m in new homes for the tenants, improved facilities and also upgraded heritage buildings. Tenants are encouraged to take an active role on the 70-acre bio-dynamic farm and also work in the wider community, and Thornage Hall also welcomes adult day service users from across Norfolk. With a six-acre orchard and five acres of market garden for horticultural crops, tenants are supplied with home-grown food from the bio-dynamic produce. To reduce its environmental footprint a reed bed sewage system was installed on the site more than 25 years ago.

Thornage Hall has achieved the highest official ratings for its farming standards, especially caring for wildlife, and has been given a "good" rating in its latest Care Quality Commission inspection. Bio-dynamic produce is also supplied to Michelin-starred hotels and specialist outlets and farm shops.

The charity provides supported living, working and learning opportunities and has workshops including a bakery, weavery, woodwork, willow, art, textiles and IT.

Thornage Hall Independent Living, Thornage, Holt, NR25 7QH

Registered Charity: 297496

<https://www.thornagehall.co.uk/>

<https://www.thornagehall.co.uk/how-you-can-help>

# GLAVEN CARING NEEDS YOUR TIME!!

## Could you find a few hours a month to help others?

- 1 Are you able to serve coffee and chat to people?
- 2 Are you able to drive a small mini-bus?
- 3 Could you help people onto the bus without driving?
- 4 Do you have a talent or skill that you could share with us?
- 5 Perhaps you could come along and entertain us?

**We cannot provide this excellent service to Binham, Blakeney, Cley, Field Dalling, Glandford, Holt, Langham, Morston, Salthouse, Saxlingham, Thornage or Wiveton without the help of volunteers.**

**Please call to visit us at The Glaven Centre, Thistleton Court, Blakeney to view and see what we do.**

Tel: 01263 740762 Email: [glavencentre1@btinternet.com](mailto:glavencentre1@btinternet.com)

## *The New Book of Knowledge by Bacon, published in 1758*

If ducks and drakes their wings do flutter high, or tender colts upon their backs do lie;  
If sheep bleat or play and skip about, or swine hide by straw bearing on their snout;  
If oxen lick themselves against the hair, or grazing kine to feed apace appear;  
If cattle bellow, gazing from below, or if dogs' entrails rumble to and fro;  
If doves and pigeons in the evening come later than usual to their dovehouse home;  
If crows and daws do oft themselves bewet, or ants and pismires home apace do get;  
If in the dust hens do their pinions shake or by their flocking a great number make;  
If swallows fly upon the water low, or woodlice seem in armies for to go;  
If flies or gnats or fleas infest and bite, or sting more than their wont by day and night;  
If toads hie home or frogs do croak amain, or peacocks cry - soon after, look for rain.

Archaic:

Kine - cows/cattle

Pismire - an ants' nest (with its distinct smell) so a creature that lives in such a place

The winner of **Britain's Best Lawn competition in 2017** was Stuart Grindle whose Doncaster garden and lawn were simply immaculate. The received wisdom that decades of hard work are required is exemplified in Mr Grindle. During the growing season, he mows it six times a week and has spent a total of 60,000 hours on his lawn over the past 40 years or so.

The Daily Mail, 2 September 2017 and reported in Country Life

## **HAY HAY!**

They tell me thet hay is werra scarce,  
Mearkin' a pound fer a little bale  
'Cors we know last spring wus hully wet,  
Yit all the searme thass a sorra tale.

Thet jist go tu show wot Oi've allus sed,  
An' tu me thass trew beyon' all doubt,  
If yow mearke spare when yow've got plenta,  
Yow'll allus hev some when yow run out.

## **A MATTER OF ....**

Two women were discussing a sudden death in the village.

'Ent tha' a rummun ... there's ole Mrs Carter woss bin ailin' for years an' she's still aloive, and poor ole Aggie Smith wunt 'ardly ill a week ...'

'Well, thass 'ow tha' go. Sum peepie die all of a suddin, an' sum onnem live till the werry larst momint.'

## **A LOT OF BULL**

The village parson was surprised to meet in a narrow lane one of his smallest Sunday school pupils driving a large cow.

'Good morning, Mary. Where are you going with that enormous beast?'

'Please, sar, Oi'm tearkin' ole Buttercup to be bulled.'

'Dear me, but couldn't your father do that?'

'Oh no, sar ... tha' muss be a bull.'

Larn Yarself Norfolk, Keith Skipper

O LORD, be gracious unto us! In all that we hear or see, in all that we say or do, be gracious unto us. I ask pardon of the Great God. I ask pardon at the sunset, when every sinner turns to Him. Now and for ever I ask pardon of God. O Lord, cover us from our sins, guard our children and protect our weaker friends.

Bedouin prayer

The poignant Kohima Epitaph was recited recently on D Day, Thursday 6 June, in Normandy and elsewhere:

**When you go home, tell them of us and say  
For your tomorrow, we gave our today**

These words are widely associated with World War II in honour of those killed by the Japanese at Kohima (on the north-east border of India and then-Burma, now Myanmar), in the battle that took place in three stages between 4-22 April 1944 on the tennis court and terraced garden of the British Deputy Commissioner's bungalow. The Battle of Kohima was the turning point of the Japanese U Go offensive into India. The words were, in fact, written earlier than that by John Maxwell Edmonds (1875-1958), an English Classicist, who had compiled a collection of 12 epitaphs for World War I, in 1916.

His verse is thought to have been inspired by the Greek lyric poet Simonides of Ceos (556-468 BC) who wrote after the Battle of Thermopylae in 480 BC:

*Go tell the Spartans, thou that passest by,  
That faithful to their precepts here we lie*



**Briningham & Burgh Stubbs  
Open Gardens 2019**

What a happy and enjoyable event the Open Gardens were on Sunday 9<sup>th</sup> June!

We were blessed with sunny weather, which enabled us to welcome so many people to our villages; where they could enjoy lunches, tea and cakes, buy some super plants and of course, view the beautiful gardens that were open. There was a lovely atmosphere throughout the villages, where people wandered from garden to garden. A huge thank you to all those who made that possible. We are very grateful, as this also enabled us to raise a record amount for our Church.

Thank you to everyone.

There is a registered WWI **Commonwealth War Graves Commission** war grave at St Edmund's, Swanton Novers, and an official sign on the gate will be erected by the CWGC within a year. It has a headstone with an anchor and is maintained by the Commission.

### **BENNETT William**

Chief Petty Officer 287559. Chief Stoker on HMS Mallard, a destroyer in the Royal Navy. Died Friday 14 February 1919 of 'illness' (the Navy records state probably the Spanish Flu pandemic) in the Royal Naval Hospital, Chatham, while still serving. Aged 39 years. Born Narford, son of Robert Bennett. He is commemorated on the Narford Roll of Honour and listed on the 1918-1939 Casualty Lists of the Royal Navy and Dominion Navies. Buried: ST EDMUND'S, SWANTON NOVERS.

[www.cwgc.org](http://www.cwgc.org) and Naval records

His future wife Rosa May Earl was born in Stibbard and her family moved to Swanton Novers around 1890. She had ten siblings - the last four were born in Swanton Novers and one sibling had died by the time of the 1911 census.

William and Rosa were married by licence in St Edmund's on 2 December 1916 when he was 36 and she was 32. William died two years later, having served 21 years in the Navy. They had a son named Robert who grew up in Swanton Novers and married a local girl, Kathleen Mary Culley, in the church. Rosa died in 1941, aged 56, and has a footstone at William's grave.

Her parents are buried in the adjacent grave and the inscription on her mother's headstone reads 'God gently touched her and she slept'. Her mother died in 1915 and her father in 1930. She is also remembered on her parents' headstone as 'Worthy of everlasting remembrance', by her son or her siblings.

Norfolk Record Office and the churchyard. With many thanks to the Parochial Church Council for supporting the application to the CWGC and the Diocese of Norwich.

Hazel Mindham and Val Hart

### **Also remembered at St Edmund's:**

#### **SHARR William**

Private 43259. 10th Battalion, West Yorkshire Regiment (Prince of Wales's Own). Died Thursday 5 September 1918 aged 27 [wrongly recorded, he was 28]. Born Swanton Novers. Son of William and Martha Sharr; husband of Elsie Sharr. Buried: TERLINCTHUN MILITARY CEMETERY, Pas de Calais, France. Ref. III.B.39 with the inscription: 'Beloved husband of Elsie Sharr, Easington Lane, Co. Durham at rest'.

Remembered on his parents' headstone in St Edmund's churchyard, Swanton Novers: 'Also their son William Sharr who died in France, [Thursday] September 5 1918, aged 28 years'

[www.cwgc.org](http://www.cwgc.org) and the churchyard

In the 1901 census William had a brother and a sister; both parents and all three children had been born in the village. His great-niece lives in Briston and visits his grave regularly. She responded to a message I left at the grave and so we are in contact.

Hazel Mindham

# FOR HIRE

## All Saints' Church, Thornage

For any appropriate community activity such as committee meetings, coffee mornings, lectures, concerts, book clubs, sales and auctions.

Please contact: 01263 862298

## Hunworth & Stody Village Room

For hire from £7 per hour

To book, please contact Charlotte Crawley on 01263 713306

## Furniture, crockery and cutlery

For hire from Sharrington Village Hall - 01263 860097

# Briningham Village Hall

With over 100 years of history, our village hall has lots of vintage character and is the ideal venue for clubs, events or groups.

Available for hire at £30 per day or £5 per hour

For further information or to book, please contact:

Mrs E Senington: 01263 862 920

Mrs J Rix: 01263 861 323

## FROM THE WALLED GARDEN



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\*\*\*\*\*

# Swanton Novers Village Hall Events and Updates

**COFFEE MORNING** - Everyone welcome  
Every other Wednesday 10.30am- 11.30am  
**July 3rd, 17th and 31st**  
**August 14th and 28th**

**PILATES** every Tuesday  
4.30pm - 6.30pm  
With Tracey 07767 872745

**YOGA** every Thursday  
With Elaine Smith 01263 862168  
See the advert on page 20

**CARAVAN SITE**  
Swanton Novers Village Hall offers pitches  
for five caravans, with electric hook-up,  
shower and toilet facilities available.

To make a booking please call  
01263 860573 or email  
christinearm@hotmail.co.uk

**AVAILABLE FOR HIRE**  
for weddings, birthdays and family events.

Alcohol Licence

Contact Rosemary on:  
01263 860756

or email  
info@swantonnoversvillagehall.org  
www.swantonnoversvillagehall.org

The Cromer and Holt  
Foodbanks need the  
following:

Tinned tomatoes	Tinned vegetables
Tinned potatoes	Pasta and rice
Instant snacks	Just add hot water varieties
Crisps	Long life milk
Squash	Fruit juice
Tinned rice pudding	Sponge puddings
Tinned fruit	Chocolate
Toilet rolls	Shampoo
Washing powder	Washing up liquid
Baby nappies	Baby wipes

If you feel able to donate any of these items we would be very grateful. Items for the foodbank may be left in the boxes provided at the back of each of the six churches. Alternatively the collection point in Holt is at the Youth Centre in Old Station Way on Fridays between 1pm and 2pm.

## ATC

For all your carpentry needs  
From a time served carpenter  
35 years' experience.

Tel Adrian on  
**07795 030437 / 01603 408938**

email: [adriantopley@virginmedia.com](mailto:adriantopley@virginmedia.com)

# Foot Care Practitioner



## Home Visits

*nail care, corns, hard skin  
etc.*

**Katie Oliver-McAfee**

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[kolivermcafee@gmail.com](mailto:kolivermcafee@gmail.com)  
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**01328 613001** [phillippakirby.co.uk](http://phillippakirby.co.uk)

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1/8 page: £25 a year  
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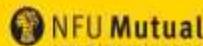
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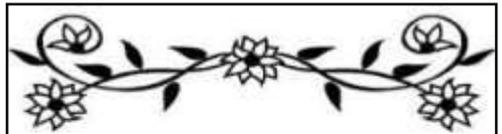
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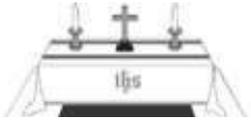
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# WORSHIP & EVENTS

## July 2019

<b>Sunday 30th June</b>	<b>11.00 am</b>	<b>Briningham</b>	<b>Benefice Service Iona Communion</b>
<b>Wednesday 3rd July</b>	<b>09.30 am 2.00 pm 7.00 pm</b>	<b>St Maurice, Briningham Swanton Care Home Thornage Hall</b>	<b>Morning Prayer Informal Worship Informal Service</b>
<i>Saturday 6th July</i>	<i>10.00 am - 12.00 noon</i>	<i>Hunworth &amp; Stody Village Hall</i>	<i>Coffee Morning - page 9</i>
<b>Sunday 7th July</b>	<b>09.30 am 11.00 am</b>	<b>Stody Thornage</b>	<b>Morning Prayer Holy Communion (BCP)</b>
<b>Sunday 14th July</b>	<b>09.30 am 09.30 for 10 11.00 am</b>	<b>Hunworth Briningham Village Hall Brinton</b>	<b>Morning Prayer Contemporary Worship Holy Communion (BCP) with Baptism</b>
<i>Sunday 14th July</i>	<i>10.00 am - 2.00 pm</i>	<i>Swanton Novers village</i>	<i>Garage Sales Refreshments at the Village Hall, plenty of parking - page 6</i>
<b>Sunday 21st July</b>	<b>09.30 am 11.00 am</b>	<b>Swanton Novers Briningham</b>	<b>Holy Communion (BCP) Morning Prayer</b>
<b>Sunday 28th July</b>	<b>11.00 am</b>	<b>Swanton Novers</b>	<b>Benefice Service - Holy Communion</b>
Wednesdays in July	7.30 pm	Way Corner, Briningham	Home Group

BCP = 1662 Book of Common Prayer; other services are in modern language