

In Touch



June 2019

THE BRININGHAM BENEFICE

BRININGHAM
BRINTON
HUNWORTH

St Maurice
St Andrew
St Lawrence

STODY
SWANTON NOVERS
THORNAGE

St Mary
St Edmund
All Saints



www.brininghambenefice.org.uk

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Reverend Jennifer Elliott de Riverol

Rest Harrow

The Street

Swanton Novers

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Items for inclusion in the June magazine to **Hazel Mindham** at mag@brininghambenefice.org.uk by **Monday 10th June** please.
The magazine must go to print by Thursday 20th June at the latest.

Views expressed in 'In Touch' are those of the individual contributor, and do not always reflect the official doctrine of the Church of England, nor necessarily the views of the editors.

Our Rector writes:

The Right Reverend Graham Usher, presently the bishop of Dudley (thus his specific and long title!) has been appointed as the next bishop of Norwich. He is married and has grown up children. He said on the day that the news was made public, on a visit to Norwich: "I see the role of the bishop encouraging others to live out their faith in Jesus Christ with a generosity of spirit and compassion, bringing people together to serve their neighbours in partnership with others."

His words remind me but in a different context that local elections have recently taken place and we have also elected people to represent us on the Parish Council. It's important that people have come forward and offered to serve the community, for the good of the village. Thank- you to everyone who has been involved in the process and to those who have done so in the past.

We are celebrating the birth of a new member of the Royal Family and in the world of football, Norwich City is in the Premier League and there are four British teams in the European Cup Final. I hope I've got the facts right! In any event, British football is doing well and it's a time of celebration. When positive things happen it is often a sign of hard work, training and effort. Keeping fit is another area that requires constancy and effort. But for me it is about the physical, emotional and spiritual. Going to the gym may give us discipline to do regular exercise, especially when we are paying for it. Emotional health is about relationships; keeping in touch with family and friends. The spiritual side of our lives involves having a healthy prayer life and a living relationship with God. We may choose not to have a balance in all these areas. It's our personal choice.

However, the Duke University Medical Centre in North Carolina carried out a survey about life expectancy and concluded that people who go to church live longer. In a study of 4,000 elderly people, those who went to church were found to be 28% less likely to die over a six-year period than their less devout counterparts. The study revealed that church-goers have lower blood pressure, stronger immune systems and suffer less from depression. Food for thought.....

People are unreasonable, illogical and self-centred;

Forgive them anyway.

If you are kind, people may accuse you of selfishness, of ulterior motives;

Be kind anyway.

If you are successful, you will win some false friends and some true enemies;

Be successful anyway.

What you spend years building, someone will destroy overnight;

build anyway.

Over/

If you find serenity and happiness, others may be jealous;
Be happy anyway.
The good you do today, people will often forget tomorrow;
Do good anyway

Prayer found on the wall of Teresa of Calcutta's room.

Please contact Rev. Jennifer if you would like her to visit you
or bring Communion to you at home.

Her telephone number is 01263 502068 and her Email is:
rev.riverol@brininghambenefice.org.uk

Prayer Requests for Our Parishes

Each of our Parish Churches has (at the back) a Prayer Request Book. Please do write down your requests (anonymously if you wish) and we will pray for the situation. Prayer requests can also be made either by telephone to the Rector on 01263 502068 or online to:

prayer@brininghambenefice.org.uk

(again anonymously, if you wish). We will then be able to pray for the need at the next service, wherever it is, and pass on these requests to a few people who will undertake to pray.

THANK YOU VERY MUCH

We welcome Ms Jenny Anderson who is joining Nigel Jenney as a voluntary admin assistant.

The Rector

Please note the deadline for this magazine:

All contributions for the next month's edition must be received by the 10th of the month so that it can go for printing on or before the 20th. There is a small army of volunteers who produce, print, collate and deliver a magazine to every household in the benefice so we cannot be behind schedule at the start of the process.

mag@brininghambenefice.org.uk

The Editors' phone numbers are on page 2.

Briningham & Burgh Stubbs

Open Gardens 2019

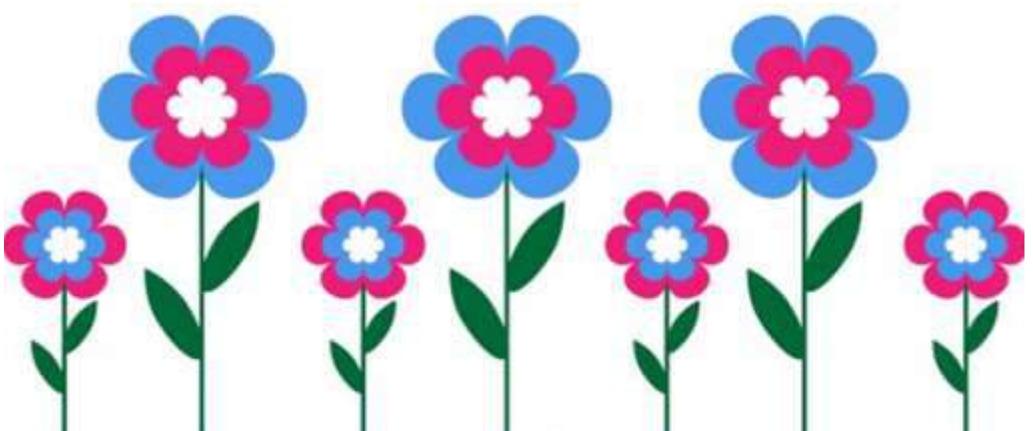
Sunday 9th June, 12 noon - 5pm

**Village Gardens – at Grand Houses,
Cottages, Farmhouses and a Tower**

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& Book stalls. Free parking. Entry passport & map
available at the Church (satnav postcode: NR24 2QB)

Adults £5, accompanied children free

Dogs on leads please



Swanton Novers Village Hall

Swanton Novers Village Garage Sales

Sunday 14th July 10.00am - 2.00pm

Plenty of parking. Refreshments at the Village Hall.

Come and grab a bargain!

Concerts

Tannahill Weavers - Sunday 24th November 2019

Tickets available from July

Megson - Sunday 26th January 2020

Gilmore and Roberts - Saturday 29th February 2020

Tickets available from August

Bar on the night/s with ale from Boudicca Brewery

All proceeds to Swanton Novers Village Hall

Tickets for the quiz and all gigs are available from

Chris Armstrong on 01263 860573

or christinearm@hotmail.co.uk

Or on our Facebook page - Swanton Novers Village Hall



SWANTON NOVERS COFFEE MORNING

In the Village Hall - everyone welcome

Every other Wednesday 10.30am - 11.30am

Wednesday June 5th and 19th

Wednesday July 3rd, 17th and 31st

Swanton Novers Village Hall

1 p.m. on the first Thursday of the month -
6th June, 4th July, 5th September, 3rd October and 7th November

Plant Powered Pop Up Lunch

Celebrating British, organic, regional and sustainably grown grains, pulses, seeds and nuts; root, round and leafy vegetables; ferments and sea vegetables. Lots of cooking styles, colours and textures for a completely nutritious and tasty meal. Buffet style, 100% vegan - £10 (£5 low/unwaged). Beer and wine for sale.

BOOKING ESSENTIAL: Phone Ritchie on 01263 479315 or ritchie99@talktalk.net

Please get in touch if you would like to be involved.

A donation will be given to Eve's Hill Veg Company, Booton.

THE FILLING STATION

Monday 24th June 2019

Swanton Novers Village Hall, St Giles Road,
Swanton Novers, NR24 2RB

On Monday the 24th of June it is a pleasure to welcome Sasha Caridia to North Norfolk Filling Station and we are assured an enriching and lively evening.

“Jesus didn't say pray for the sick He told us to 'heal the sick'. There is a battle to see healing fully re established as central to the good news, we have been commissioned to bring the realities of Heaven to Earth. Your will be done on Earth as it is in Heaven takes on a whole new dimension when we discover Gods will in regards to wholeness and wellbeing, there is no sickness in Heaven”.

Sasha is a Health Professional who is passionate for the Kingdom of God, His Presence, for healing to be fully re established as central to the good news of the Kingdom and seeing the realities of Heaven released on Earth

Sasha is involved in the local church context helping people to discover the supernatural reality of God in their lives and the potential for this to impact and influence every place we go, she lives with the question “what would it look like if the Bride fully realised who she is”?

Most importantly Sasha loves Liverpool football club, wide open places, sprouts and having fun. And an equally essential bit of information is that Sasha does not love early mornings, crowded places, coffee and not having fun!

So do come and join us for an evening of fellowship and wonderful worship followed by the main talk. There will also be time for prayer ministry at the end of the evening. Feel free to arrive from 7pm for coffee, cakes and chat, for a 7.30 start.

For further information please email Tasha North at:

Thornage Village Coffee Morning Wednesday 19th June, 10.30am

**We invite you to our regular village coffee morning for good company, cake and of course coffee (or tea if you would prefer). We meet next a 10.30 on Wednesday 19th June at All Saints Church, Thornage.
Look forward to seeing you there.**

Friends of Thornage Saturday 15th June, 6.30pm

FROTH is delighted to confirm that we will be organising a pop-up bar again on Saturday 15th June in the lovely garden of the Old Black Boys on Thornage High Street. The bar will open at 6.30pm and close at 9.30pm.
Many thanks to Sue and John Smart for making this venue available again.

Thornage Monthly Draw - April 2019

1st Prize	£20	Number 5	Nigel Watchorn
2nd Prize	£10	Number 61	Kerry Bedford
3rd Prize	£5	Number 43	Michael and Jo Legge

Card Recycling Club at Thornage Church Wednesday 5th June, 11.30 am

Do join our group - we re-cycle Christmas and greetings cards to raise funds for All Saints Church, Thornage.
We have plenty of cards at the moment, please hold onto them for us.
And please buy the finished cards!

Afternoon Tea at Briningham Village Hall on Easter Sunday

On a very warm Easter Sunday we held an afternoon tea to support our Defibrillator fund. The cake table was full of tasty Easter treats including shortbread, brownies, cream scones and sponges. The event raised £345.25 and this will be kindly matched by Barclays Bank so it's a grand total of £690.50 that was made.

I wish to thank Jean and Tracey for such a wonderful Easter themed raffle and for all of those who kindly donated prizes. Ian, Alison, Julia and Joss for baking, serving up, washing up, clearing up, the list is endless, but it's all so very much appreciated.
Martin

The Great British Bump Off Murder Mystery

I want to say a big thank you to everyone who came to, or was involved in, the murder mystery evening. Great fun was had by all and we raised £222 for East Anglian Air Ambulance. I have written to them and will post their reply in a future magazine, thanks again, Sheila

"Can I just thank you all for a wonderful night of entertainment last night at the 'Great British Bump off'. We had a great time with lots of laughter with a tasty ploughman's and wonderful cakes.

Please do pass on our thanks to everyone and can we book Twice Spice Bryce for our next raffle? So very funny, 😊 thanks again.

Mobile Library dates June 2019

Briningham	Friday 7th June at 3.30 - 3.55pm
Swanton Novers	Friday 21st June at 11.55am - 12.10pm
Thornage	Friday 7th June at 12.00 - 12.15pm



For all enquiries about new days and times, phone 01362 693184.

As of April 2019, there is no service to Brinton and Hunworth but the Library will stay longer at Briningham.

BRININGHAM VILLAGE HALL DRAW

June 2019

1st Prize	£15	Norma Dowsing (53)
2nd Prize	£10	Sophie Crossley (21)
3rd Prize	£ 5	Simon Vaughan-Birch (50)

The Bridge that went to war

In 1932 the decision was made to rebuild Waterloo Bridge in London. While the new one was being constructed there would be no access across the Thames at that point. The solution was to erect a temporary metal bridge alongside the old one. This was a 'Rennie' bridge—the kind of steel structure in which army engineers specialise.

The new Waterloo Bridge was known as the 'Ladies Bridge' as much of its construction took place during the Second World War when most men were in uniform and women had to be called upon to help complete it.

When the bridge was finished in 1942, the temporary affair was dismantled and stored away, seemingly forgotten.

In June 1944 the Allies were on the advance across Europe and there were only a few serviceable bridges over the Rhine. So, out of mothballs came the temporary Waterloo Bridge, which was sent across the Channel and overland to the Rhine, where it was re-erected.

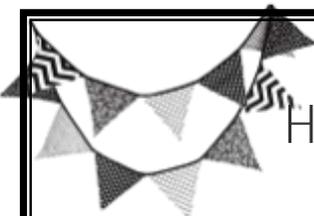
So, across 'Waterloo Bridge' rumbled the tanks and armour of the Allies into Germany. When hostilities ceased it was packed up once again, only to be stolen from an army camp in

The final answer....

'If it takes six men four days to dig a hole five metres deep how long is it going to take ten men to dig a hole seven metres deep?' Do you remember calculations like this? I know the answer.

Five men arrived at the bottom of Grapes Hill while I was waiting for the traffic lights to change. Four of them did a lot of pointing and looking up at the sky, presumably in an attempt to forecast the weather. Then they leant on brooms, the scaffolding for their workmen's tent and the railing at the side of the road. Only one used the solitary spade they had collectively brought along.

So you see, there was no need for all that agonising calculation. The answer is always one.



Hunworth Bazaar

Sunday 30th June
Hunworth Village Hall
10am–3pm



An eclectic mix of items

Tea and Cake available



The River Glaven Conservation Group

Invite you to an illustrated talk by Dr Jonah Tosney of the Norfolk Rivers Trust on how the reintroduction of Beavers may help the re-wilding of rivers.

Is there a place for Beavers in North Norfolk?

At Hunworth and Stody Village Hall. NR24 2Q (next to Hunworth Hall)
2.15 pm on Saturday 15th June, to follow our AGM at 2 pm

Non members welcome, free entry, tea and cake



GLAVEN CARING NEEDS YOUR TIME !!

Could you find a few hours a month to help others?

- 1 Are you able to serve coffee and chat to people?
- 2 Are you able to drive a small mini-bus?
- 3 Could you help people onto the bus without driving?
- 4 Do you have a talent or skill that you could share with us?
- 5 Perhaps you could come along and entertain us?

We cannot provide this excellent service to Binham, Blakeney, Cley, Field Dalling, Glandford, Holt, Langham, Morston, Salthouse, Saxlingham, Thornage or Wiveton without the help of volunteers.

Please call to visit us at The Glaven Centre, Thistleton Court, Blakeney—to view and see what we do

Tel: 01263 740762 Email: glavencentre1@btinternet.com

Glaven Caring, Blakeney

FUND RAISING EVENTS

Sunday 9 June 2—4.30 pm

Take a Walk through a Secret Garden in Blakeney,
Homemade refreshments available.

Friday 28 June 6—8 pm

Fizz & Fruit,

6 - 8pm, £10 per person.

Both in the beautiful garden at
'Southgate', Wiveton Road, Blakeney,
by the kind invitation of Mr Eddie Ray.

01263 740762 Registered Charity: 270185

How did it begin?

It must have been my grandmother's love of nature which I inherited: this was a good base from which to start. My earliest memories are of being fascinated by the shapes and colours of fallen leaves in autumn, and the delight at seeing the mahogany lustre of a conker, newly emerged from its spiny shell.

The war years in Birmingham left an impression of greyness and adult anxiety. The highlight of each spring was a small parcel which came through the post from an aunt in Sussex. Inside, on a cushion of damp moss, head to toe, were primroses, each bunch backed with two leaves and tied with wool. The delivery was repeated later with the arrival of bunches of wild violets. The memory of the parcels never fades.

In those days, bomb damaged areas soon became colonised with plants. Rosebay willowherb and dandelions were a colourful tapestry when in flower and a wonderful sight when the wind released the seeds. The nearest thing to fairies in a child's imagination. When doorstep deliveries were made by horse and cart, many of our walks to the park were accompanied by a pushchair containing discreetly disguised bucket and shovel. On the way home, horse manure was collected 'for the roses', many of which had been ousted to accommodate the chicken run.

Certain scents bring memories flooding back, in particular wallflowers—affordable with pocket money, from the flower-seller's baskets in the High Street: and nettles—the enemies of blackberrying expeditions. The urge to rescue plant material started early and I remember being severely reprimanded for retrieving flowers which were 'not even nearly dead' from the wire refuse bins in the churchyard. Slowly over time, the interest in all growing things gained momentum. At about eight years of age I acquired my first small patch of ground and a packet of mignonette seeds. Thereby hangs a tale!

Mary Fletcher now gardens four acres in Norfolk.

William Shakespeare 1564—1616

Ariel's Song

Where the bee sucks, there suck I
In a cowslip's bell I lie;
There I couch when owls do cry;
On the bat's back I do fly
After summer merrily:
Merrily merrily shall I live now.
Under the blossom that lives on the bough.

Mel ton Park
Church Fete
ST PETER'S IN THE PARK,
Mel ton Constabl e NR24 2NE
Sunday 9th June 1:30 pm

HOMEMADE AFTERNOON TEA & CAKES,
RAFFLE, TOMBOLA, BRIC-A-BRAC,
CAKE STALL, BBQ BURGERS AND HOT DOGS,
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NR24
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SHARRINGTON VILLAGE HALL - FRIDAY 7th JUNE, 7.45pm

An evening with Terence Blacker (singer/songwriter)

Terence has performed his songs of modern life at venues and festivals across the country. In 2013, his one-man show 'My Village and Other Aliens' was part of the Edinburgh Fringe. He is an author, and has written five novels and many award-winning children's books. It promises to be a hilarious evening!

Tickets: £8 in advance
abrams.chris2@gmail.com for full details

**The Purcell School
Impulse Outreach Team
*In Concert***

**Christ Church, Fulmodeston
Saturday, June 22nd
6.00pm**

The Purcell School Impulse Outreach Team will be in North Norfolk, performing and leading workshops in local schools, as well as giving community concerts. This is an ideal opportunity to introduce someone you love to live, unamplified music, performed at the highest standard by professional musicians of the future in all sorts of styles from classical to pop, jazz to musical theatre.

Programme to be confirmed.

Free admission, retiring collection, no tickets required

Arrive early for a seat!

Satnav: NR21 0LZ

FOR HIRE

All Saints' Church, Thornage

For any appropriate community activity such as committee meetings, coffee mornings, lectures, concerts, book clubs, sales and auctions.

Please contact: 01263 862298

Hunworth & Stody Village Room

For hire from £7 per hour

To book, please contact Charlotte Crawley on 01263 713306

Furniture, crockery and cutlery

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Briningham Village Hall

With over 100 years of history, our village hall has lots of vintage character and is the ideal venue for clubs, events or groups.

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For further information or to book, please contact:

Mrs E Senington: 01263 862 920

Mrs J Rix: 01263 861 323

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Swanton Novers Village Hall Events and Updates

COFFEE MORNING - Everyone welcome
Every other Wednesday 10.30am - 12pm
May 8th and 22nd
June 5th and 19th
July 3rd, 17th and 31st

PILATES every Tuesday
4.30pm - 6.30pm
With Tracey 07767 872745

YOGA every Thursday
With Elaine Smith 01263 862168
See the advert on page 20

CARAVAN SITE
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or email
info@swantonnoversvillagehall.org
www.swantonnoversvillagehall.org

The Cromer and Holt Foodbanks need the following:

Tinned tomatoes	Tinned vegetables
Tinned potatoes	Pasta and rice
Instant snacks	Just add hot water varieties
Crisps	Long life milk
Squash	Fruit juice
Tinned rice pudding	Sponge puddings
Tinned fruit	Chocolate
Toilet rolls	Shampoo
Washing powder	Washing up liquid
Baby nappies	Baby wipes

If you feel able to donate any of these items we would be very grateful. Items for the foodbank may be left in the boxes provided at the back of each of the six churches. Alternatively the collection point in Holt is at the Youth Centre in Old Station Way on Fridays between 1pm and 2pm.

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1/8 page: £25 a year
1/4 page: £50 a year
1/2 page: £100 a year
Full page: £200 a year

Invoices and receipts will be sent,
BACS payments or cheques accepted.

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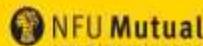
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Mixed Ability: Tuesdays 12.30 - 14.00

Swanton Novers Village Hall, NR24 2RB

Mixed Ability: Thursdays 09.45 - 11.15

ONE:TO:ONE YOGA THERAPY:

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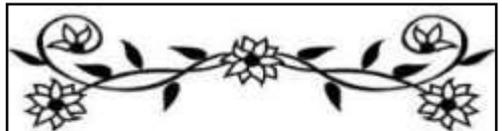
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WORSHIP & EVENTS

June 2019

Sunday 2 June	09.30 am 11.00 am	Stody Thornage	Holy Communion (BCP) Morning Prayer
Wednesday June 5	09.30 am	Morning Prayer	Briningham
Sunday 9th June Pentecost	09.30 for 10 am 11.00 am	Briningham Village Hall Brinton	Contemporary Worship Holy Communion (BCP)
Wednesday June 12th	2.00 pm 7.00 pm	Swanton Care Home Thornage Hall	Informal Service Informal Service
Sunday 16 June	09.30 am 11.00 am	Swanton Novers Briningham	Morning Prayer Holy Communion (BCP)
Sunday 23 June	11.00 am	Hunworth	Benefice Holy Communion
<i>Monday 27 June</i>	<i>7.00 pm for 7.30 pm</i>	<i>Swanton Novers Village Hall</i>	<i>The Filling Station - see page 7</i>
Sunday 30th June	11.00 am	Briningham	Benefice Service Iona Communion
Wednesdays in June	7.30 pm	Way Corner, Briningham	Home Group

BCP = 1662 Book of Common Prayer; other services are in modern language